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July 23, 2003

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

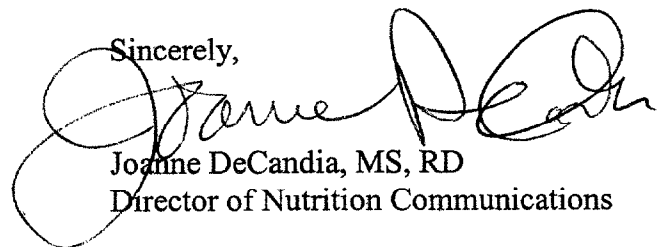
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our 5-HTP supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Niacin, Vitamin B-6, Magnesium, 5-HTP, Valerian Root.

- Supports/Promotes Feelings of Well-Being
- Supports Nervous System Health
- Enhances Diet
- 5-HTP is a precursor to serotonin, a neurotransmitter involved in sending messages through the nervous system, which contributes to a person's mood and well-being.
- This formula also includes vitamins to promote nervous system health and Valerian for relaxation.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,



Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/cr

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